

# PATIENT'S PREMIER CHOICE NEWSLETTER

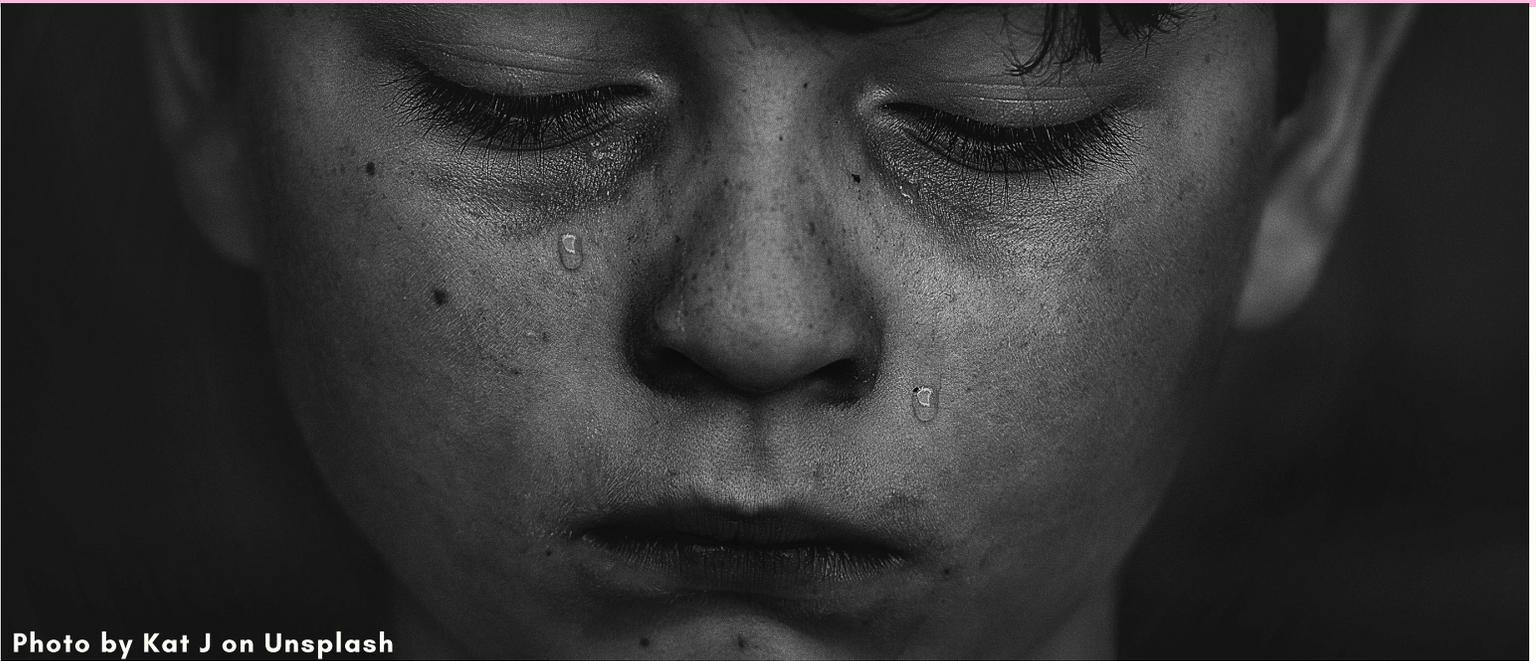


Photo by Kat J on Unsplash

## Co-occurring mental illness

### 1. Intro

- This is a summary of the Texas Parent 2 Parent meeting to share some information.

- The topic was [ co-occurring mental illness]

- It focused on children with intellectual or developmental disability (IDD).

>> Reference: <https://www.navigatelifetexas.org/en/diagnosis-healthcare/mental-health-for-children-with-intellectual-and-developmental-disabilities>



# Co-occurring mental illness

## 2. Summary

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Sometimes, psychiatric problems are ignored and children with IDD also can have mental illness. Mental wellness is important for everyone but especially for children with IDD. So we have to pay attention to their behavior.

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Parents and professional caregivers need to pay careful attention to any abnormal behaviors.

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The **best important solution:**

✓ Care for intellectual disability and mental illness should be handled **equally and at the same time.**

✓ Autism and mental illness are not one in the same.

✓ Testing and evaluation for mental health diagnoses is important

✓ Be sure to consult your family physician or other professional healthcare providers.

>> Reference: <https://www.navigatelifetexas.org/en/diagnosis-healthcare/mental-health-for-children-with-intellectual-and-developmental-disabilities>



# UPCOMING EVENT

## 1. Enter to win a \$25 Starbucks Gift Card! Tell me your story as PDN.

- Please check your email for details!
- Also I am looking forward to listening to your valuable story.



## 2. Holiday dinner

We are grateful for all that you do. Thank you for your hard work. We hope that you will join us for PPC's holiday staff dinner! Please RSVP to Heejoo. All nurses may bring a plus one. The dinner will be 12/13 and the restaurant is TBD

To serve you better please answer this survey! The link is below.

>> <https://goo.gl/forms/memG2TLFeZ8T0Tr33><<





## **ANNIVERSARY AND NEW HIRES**

Make sure to wish a happy belated birthday to these wonderful PCC staffs!

- 11/14 : Rosemary Stolle
- 11/30 : Heejoo Lee

Also make sure to give a warm welcome to the new staff on board:

- Gayla Girgson : LVN
- Beatrice Goding : LVN
- Marion Shell : RN

*Welcome*